Case Report

RMU-healthcare support & hygiene awareness Campaign in Khairpur Village, District Kasur

Omaima Asif[1, *], Muhammad Saad Khan[2]

Abstract

Background: On 6th October 2025, a medical camp was organized by Rawalpindi Medical University (RMU). The RMU medical team successfully conducted the Day 1 camp at Khairpur Village, District Kasur. During the camp, the team provided medical consultations, essential medicines, and sanitary and hygiene supplies to the flood-affected residents of the area. The initiative aimed to deliver immediate healthcare support and promote hygiene awareness among the affected communities.

Keywords: RMU, Flood relief, hygiene

Contributions:
OA- Conception, Design
OA, MSK - Acquisition, Analysis, Interpretation
OA - Drafting
OA, MSK- Critical Review

All authors approved the final version to be published & agreed to be accountable for all aspects of the work.

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Introduction

Under the guidance and support of the Worthy Vice Chancellor of Rawalpindi Medical University (RMU), Prof. Dr. Muhammad Umar, the RMU medical team organized a medical relief camp on 6th October 2025 at Khairpur Village, District Kasur. The team departed from Rawalpindi on the night of 5th October 2025 to conduct this humanitarian mission aimed at providing healthcare and hygiene assistance to flood-affected communities (1-3).

Details of the Camp Site

The designated camp site was located approximately 455 kilometers from Rawalpindi Medical University. The area serves a local population of around 7,500 residents. The region had recently been affected by severe flooding, resulting in considerable disruption to the community's daily life, infrastructure, and access to basic healthcare services (2-4,6)..

Upon arrival, the RMU medical team promptly established the camp and provided a wide range of medical consultations, essential medicines, and hygiene supplies to the affected population. The initiative aimed to restore basic healthcare access, control the spread of waterborne diseases, and raise awareness regarding hygiene and sanitation practices in post-flood conditions (1-3,8).

Focal Persons

The focal persons for the medical camp were:

- Mr. Zain Ali (Batch 48, RMU) – *Contact:* +92 312 7041104
- Mr. Jameel (Local Coordinator, Kasur) – *Contact:* +92 307 4050155

They coordinated logistics, managed communication between the university team and local authorities, and ensured smooth execution of all camp activities.

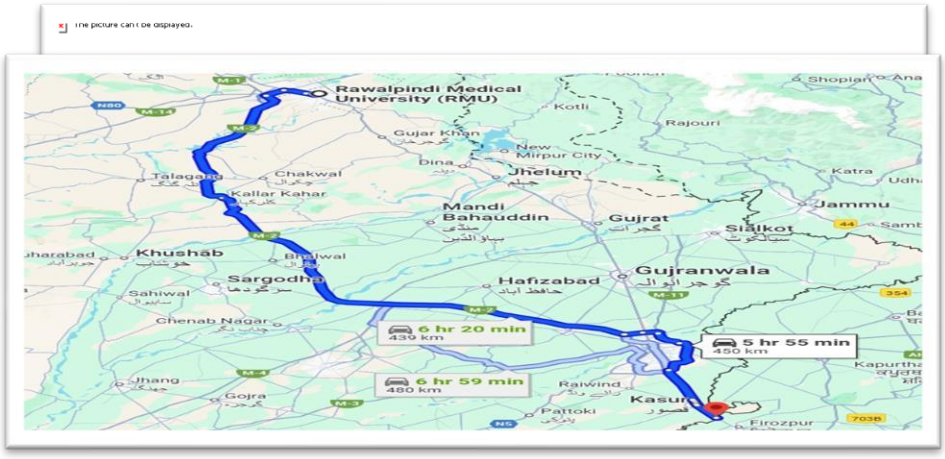


Figure 1: RMU Team on the Move – Journey to Kasur



Figure 2: A queue of patients waiting for medical consultation at the camp site



Figure 3: Blood Pressure assessment station

Table 1: The details of the field Activity visit of Khairpur Village

Department	Female Patients	Male Patients	Total Patients
Orthopedics	58	17	75
Gynecology	27	0	27
Pediatrics	82	21	103
ENT	9	7	16
Eye	16	18	34
Surgery	13	9	22
Medicine	78	75	153
Total	**283**	**147**	**430**

Table 2: Gender wise Distribution of the Patients visited the Clinic.

Category	Female	Male	Combined Total
Total Patients	283	147	430

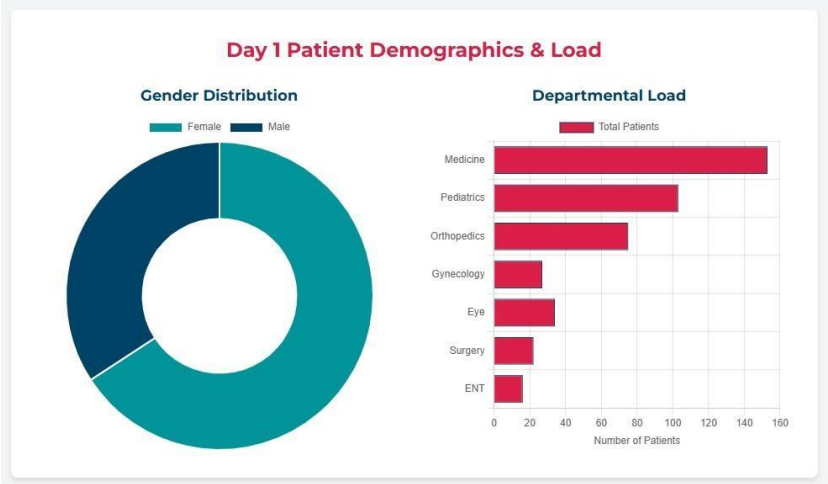


Figure 7: The Patients Demographics and Load on the first day of the activity

List of Doctors Participated:

- Dr. Shafqat (Endocrinology - HFH)
- Dr. Syed Tabeer Hussain (SU-II - HFH)
- Dr. Ali Hassan Ranja (Paeds - BBH)
- Dr. Faran Afzal (MU-I - BBH)
- Dr. Safeer (SU-II - BBH)
- Dr. Uswa Iftikhar (SU-II - BBH)
- Dr. Abdullah Abid (MICU - RTH)

We are highly obliged to these Doctors for their precious time.

List Of Students Participated:

- Zain Ali (Final Year - RMU)
- Muhammad Shajeel Ahsan (Final Year - RMU)
- Khalil Abbas Lashari (Final Year - RMU)
- Muhammad Saad Khan (Final Year - RMU)
- Umar Farooq (Final Year - RMU)
- Syeda Maryam Gillani (Final Year - RMU)
- Wajeeha (Final Year - RMU)
- Sahaab Noor (Final Year - RMU)
- Hamna Imtiaz (Final Year - RMU)

Supervised by:

- Dr. Omaima Asif
  Assistant Director DME
  Rawalpindi Medical University

Expenses on Medical Camp

- Medicines: Rs. 320,000/-
- Medical Instruments and Accessories: Rs. 7,000/-
- Travel Expenses: Rs. 24,000/-
- Total: Rs. 351,000/-



Figure 8: The medical team from Rawalpindi Medical University, following the successful completion of a medical camp in Kharepur Village, District Kasur

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